

Pregnancy, Still  
Birth, and  
Miscarriages: By  
Erica Jermanus

There are many women who are pregnant and have problems with alcoholism and drug addiction. Women smoke, drink, and do drugs while they are pregnant. That is what the enemy wants. The enemy wants to steal, kill, and destroy the unborn babies' lives. The enemy is the cause of miscarriages and stillbirths. However, God can use a miscarriage or a stillbirth for His good and for His glory. There is a reason and purpose why God allows women to have miscarriages and stillbirths. It may be one we may not understand. Many women do not understand why this has happened to her. She has spent a lot of her time planning and preparing to have this baby, and then she loses the baby due to a miscarriage or a stillbirth. Or the baby may have been born, but then died after birth.

God knows the reason why this had to happen. He can see things that we do not see. He saw what that baby's life would have looked like if it was born and lived. He saw that that baby may have had health problems where the child would have not been able to function or live a normal life. The child may not be able to eat, speak, walk, or do daily activities. That is the reason why God allowed this to happen. He sees what we do

not see, and He knows the reason why the child had to pass on.

Women having miscarriages or stillbirths does not mean that God cannot bless the woman's womb with another child, because He certainly can do that. There may have been multiple miscarriages or stillbirths. This could be due to various reasons. The enemy wants to try to cause these miscarriages to happen because He hates us, and He does not want life. He knows that if a child is born, that child has a purpose and a destiny sent from God. But God has reason for the miscarriages happening as well, and we just need to trust that He knows what is best for us even when we do not.

Other times, miscarriages and stillbirths can be a result of the women's own poor choices in life. Woman may have been an alcoholic or a drug addict. The woman may have put drugs and alcohol in her body and may have caused her to lose her baby in the womb. Or the drugs and alcohol may have caused the baby to be developmentally ill or disabled. But there are other risk factors that can cause a miscarriage or a stillbirth and that may include chromosomal abnormalities,

infections, medical conditions, or certain medications. Sometimes, it is just genes or genetic makeup that causes a woman to lose a child, or it could be side effects from certain medications that women are taking.

That is why it is so important for a pregnant woman to get off medication and drugs and alcohol when pregnant. Also, it is important for pregnant women to pray that God will protect her baby and her pregnancy, and that she will have a healthy baby and pregnancy. Also, it is important for a woman to be married before she has children, because getting pregnant outside of marriage is called fornication. Fornication is a sin that can lead to death and hell if it is not repented of. 1 Corinthians 6:18 says, "Flee fornication. Every sin that a man doeth is without the body; but he that committeth fornication sinneth against his own body." 1 Thessalonians 4:3 says, "For this is the will of God, even your sanctification, that ye should abstain from fornication."

But if the women were raped outside of marriage, then that is different because it was done against her own free will. The rape may have caused trauma. She may need to get healing and deliverance from the trauma

and domestic violence. Whatever a woman may be going through, she can get the healing she needs. God can free and deliver her if she is willing to seek deliverance from God and from other Christians praying over her to receive her deliverance. A woman who has been raped may also need group therapy or a support group to help her to overcome the pain and trauma from that rape. It helps to talk to other trusted individuals about what you have gone through because that is how you get healed and delivered. Also, it is how you are able to extend mercy, grace, and forgiveness towards those who have hurt you.

Going back to pregnant women and miscarriages. A woman who drinks or smokes should take better care of her body and her baby in the womb by giving up cigarettes, drugs, and alcohol. If a woman wants to be free from substance abuse, she needs to be willing to ask God for help and strength to overcome the things that she is addicted to. Jesus Christ is more than willing to help her to get the freedom she needs. John 8:36 says, "If the Son therefore shall make you free, ye shall be free indeed."

Pregnant women who choose not to give up substances during pregnancy may be held accountable. That is why it is so important for us to hold ourselves accountable so that God does not have to hold us accountable when we stand before in the day of judgement. That day is going to come for everyone on the earth. No one is exempt from the day of judgment. If your heart was right with God and you have confessed and repented of your sins, then you can receive God's mercy and forgiveness. Proverbs 28:13 says, "He that covereth his sins shall not prosper: but whoso confesseth and forsaketh them shall have mercy." 1 John 1:9 says, "If we confess our sins, he is faithful and just to forgive us our sins, and to cleanse us from all unrighteousness."

Pregnant women should take care of the temple that God has given them. By taking care of their temple, they can stop abusing their bodies by drinking alcohol, smoking, and doing drugs. Women can also take better care of their bodies by eating a healthy diet, exercising regularly, getting proper sleep, and taking prenatal vitamins. The Bible says in 1 Corinthians 6:19-20, "What? know ye not that your body is the temple of the Holy Ghost which is in you, which ye have of God, and

ye are not your own? For ye are bought with a price: therefore glorify God in your body, and in your spirit, which are God's."

A pregnant woman may also want to limit stress because stress can be a cause of a miscarriage. It is not good for a woman to be stressed out when she is pregnant. A woman who is pregnant may want to go on medical leave if she is working. She may want to take time to get ready to have that baby. She may want to plan and prepare to have that baby and also to be in prayer regarding her baby and her health. The pregnant woman may want to limit stressful activities, and she may want to focus on her relationship with Christ and with her husband if she has one. Pregnant women should not be doing heavy labor activities when they are about to give birth. If they do exercise, it should be light exercise, such as walking.

I also recommend that a pregnant woman goes to her regular doctor's appointment check ups just to make sure everything is going well with the baby. Also, to make sure that she has not had a miscarriage, and that her pregnancy is healthy. Doctors can help women to

take care of their baby and may confirm the gender of the baby through certain tests or ultrasounds. Then, the pregnant woman is to get ready to have the baby by planning and preparing whether she wants to have a natural birth from home or a birth in the hospital with an epidural or medication.

Romans 6:23 says, "For the wages of sin is death; but the gift of God is eternal life through Jesus Christ our Lord."

Romans 5:8 says, "But God commendeth his love toward us, in that, while we were yet sinners, Christ died for us."

Romans 10:9 says, "That if thou shalt confess with thy mouth the Lord Jesus, and shalt believe in thine heart that God hath raised him from the dead, thou shalt be saved."



