

# Should Christians modify their beauty? By Erica Jermanus

Is it wrong or a sin for Christians to get plastic surgery?  
Should Christians wear makeup? Does God care about  
our outward appearance?

Many Christians want to get plastic surgery done on their bodies to make themselves look more attractive. But the question is, is it wrong? or is it a sin to change the way that God made you? Does God care about the way that you look? Or is He just looking at your heart? Many Christian women get plastic surgery done with the wrong heart and motives. Many want to get plastic surgery to make themselves look more beautiful to the opposite sex, or to get attention from men so that they can have sex with them. Many women want to get plastic surgery because they are unhappy with the way that they look. Many do not accept the body that God has given to them. Many women do not appreciate the body that God has given them, and so they want to change their bodies to mold themselves with society.

Many Christian women want to change the way they look to become famous and popular and that can become a form of pride and vanity. Christian women want to feel better about themselves by changing their appearance. There is nothing wrong with that. But it is the heart and the motive behind why they are changing their appearance. Are they doing it for a show and get people to notice them and complement them? Are they doing it to get men's attention or are they doing it for

the glory of God and because the Holy Spirit is leading them to do it?

Many women may wear lots and lots of makeup to cover up their true and natural beauty. Many women cannot stand to live without makeup. It is okay to wear some makeup if God is leading you to. But some women idolize their beauty and makeup to where they put it before God. We are beautiful the way Jesus Christ has made us. We do not need to do anything to change our appearance to make others like us or to become popular. We do not need to try to hide or cover up our flaws and imperfections. God wants us to be comfortable in our own skin and with the body that He has given us. He wants us to love ourselves the way He loves us and see ourselves the way He sees us. Psalm 139:14 says, "I will praise thee; for I am fearfully and wonderfully made: marvellous are thy works; and that my soul knoweth right well."

When you know who Jesus Christ is, and you have a relationship with Him, He will tell you how He wants you to dress. He will lead and guide you and speak to you about your wardrobe or about your life. He will show you if He wants you to wear makeup or not. He will

show you what His will is for your life. He will show you if you should wear pants or dresses or skirts. He may have you start wearing more modest apparel because He wants you to be holy both on the inside and the outside. He wants you to be set apart from this world. He wants you to stand out from the world.

John 17:16-19 says, "They are not of the world, even as I am not of the world. Sanctify them through thy truth: thy word is truth. As thou hast sent me into the world, even so have I also sent them into the world. And for their sakes I sanctify myself, that they also might be sanctified through the truth."

God wants us to be sanctified even as He is. He wants us to walk in holiness and not conform to this world. When we are set apart from the world, we are choosing not to blend in with this world or to become like the world. We choose not to live like the rest of the world lives. We are choosing to walk the straight and narrow path that leads to eternal life. It is difficult because it means not fitting in with society. It means not getting that plastic surgery on your breasts, buttocks, nose, or a face lift. It is choosing to accept yourself and the way God made you. When we do not choose to accept

ourselves, we are telling God that we do not like the way He made us. We are insulting Him. Jesus Christ wants us to repent of that sin of pride, vanity, and vainglory.

The enemy does not want you to be happy with the body that God has given you. He wants you to have self-hatred or self-piety towards yourself because of the way that you look. You may think that you are not beautiful enough, or pretty enough, or that you are too obese, or ugly. But those are lies of the enemy. We need to rebuke those lies and cast them down. We need to believe in what God's word says about us and not the lies of the enemy. When we see ourselves through the eyes of Christ, that is when our perception of ourselves will change. We will start to see ourselves the way God sees us and not the world. We will not want to get all these plastic surgeries done on our bodies. We will be content with the body that God has given us.

Genesis 1:27 says, "So God created man in his own image, in the image of God created he him; male and female created he them." We are created after the likeness of God. That means that God has created us in

His own image. Jesus Christ lived a perfect sinless life as a human being and as God. He is the perfect example for us to follow. He wants us to walk in His footsteps and to follow and obey Him and His commands for our lives. His command is for us to love our neighbors as ourselves. We cannot love our neighbors until we have first loved ourselves. I am not saying to be in love with yourself or to be obsessed over your appearance. I am talking about loving yourself to where you know your worth and value and you will not settle for anything less. Mark 12:31 says, "And the second is like, namely this, Thou shalt love thy neighbour as thyself."

When we see ourselves through the eyes of Christ, we will begin to love our natural beauty and not want to wear all this makeup because we accept who we are in Christ. I am not saying that you should not wear makeup, but what I am saying is when you get closer to Christ, you will want to live a more holy and set apart life. You will start wanting to walk away from certain things in the world and certain people. God will start to remove things and people in your life. It could be makeup. Maybe because you may have idolized it. Or

He may have you wear makeup because you went so long without wearing it, and He may want you to dress up or to wear makeup to feel more beautiful. Every woman is different and has different convictions. So, I would recommend doing what God is leading you to do and not following man or the opinions of man.

Many women believed the lies of the enemy that they were not beautiful enough because they heard it from other people. Maybe they have a lot of acne on their faces, and it may make them feel insecure about themselves. Or they may be overweight or even underweight. God has made you that way for reason and purpose. Some people are naturally thin or skinny because it runs in the genes of their family. People want to change their appearance because they are self-conscious.

But God may have you at that weight for a reason and that may be the perfect weight that He has you at because it is His will, plan, and purpose for your life or even in that season of your life. We can even ask God to help us to be at a healthy weight if we are not already. He will help us to get there. He can give us

wisdom and guidance on the things that we eat or consume to be at a healthy weight. He may have us change our diet and eat only certain foods to get us to either gain weight or lose weight, depending on where we are with our bodies and health. Just be open to His guidance, direction, and instruction, because He wants to speak to us and lead and guide us and show us His next steps for our lives.

God will show you if He wants you to get plastic surgery done. But I believe that may be the enemy telling you to get it done, unless it is for health-related issues. The enemy wants women to change their natural appearance when they are already naturally beautiful. The enemy wants women to feel insecure about themselves. But when you love yourself for who God made you to be, you will change your perspective on how you see yourself. You may even want to take better care of your body and eat the right foods, or exercise, or treat yourself to a spa or get a facial. Whatever Jesus Christ is leading you to do, just listen to Him and follow through with His guidance, directions, and instructions.



