

Overcoming addiction: By Erica Jermanus

Many Christians struggle with addictions and are trying to get free, but they continue to struggle with the same sin and addiction for years. That is because they are trying to do it on their own without God and His help. But when we are willing to ask God for His help getting free that is when He will step in to help us and give us His strength to overcome sin and temptation. The devil wants to keep tempting us to go back to our sins and addictions and our old ways of living. James 4:7 says, “Submit yourselves therefore to God. Resist the devil, and he will flee from you.” The devil is going to keep trying the same old tricks because he knows what triggers us. He knows our weaknesses and our vulnerabilities. So, he will try to get us in those areas. But God is so much bigger, greater and stronger than the devil and his tactics.

Luke 10:19 says, “Behold, I give unto you power to tread on serpents and scorpions, and over all the power of the enemy: and nothing shall by any means hurt you.”

So, God has given us authority over the enemy. So, we can rebuke the enemy and tell him to leave us alone and he has to obey us. When we are submitted to God and resisting the devil and his temptations, that is when

he is going to flee from us. That is the same with sins and addictions. We cannot resist giving into sin without God and His help and strength. But when we ask Him, He will make a way possible in our situation and He will come through for us right on time. He will deliver us from our situation or our problem, when we have faith and belief that it is possible with Him and His help. He will give us His grace and strength through the Holy Spirit to overcome sin and temptation. But we also need to be willing to get the help that we need by calling out to Jesus Christ and asking Him.

1 John 5:14-15 says, "And this is the confidence that we have in him, that, if we ask any thing according to his will, he heareth us: And if we know that he hear us, whatsoever we ask, we know that we have the petitions that we desired of him."

John 8:36 says, "If the Son therefore shall make you free, ye shall be free indeed."

2 Corinthians 3:17 says, "Now the Lord is that Spirit: and where the Spirit of the Lord is, there is liberty."

